



Stony Brook Medicine

GASTROENTEROLOGY AND HEPATOLOGY

A Practice of Stony Brook Internists

Patient's Name: _____

DOB: _____

Phone #: _____

Referring MD: _____

Diagnosis/Indication for Test: _____

To arrange for your patients procedure: please fax a copy of this form to 631-444 5225.

PLEASE INCLUDE A RECENT PROGRESS NOTE, ENDOSCOPY REPORT, H&P, AND/OR XRAY REPORT THAT MAY BE HELPFUL.

Give a copy of this form to the patient.

We will contact the patient with an appointment after obtaining the proper insurance authorizations.

| Date & Time | Test | Instructions |
|-------------|--|--|
| | qHigh Resolution ESOPHAGEAL MANOMETRY with qHigh Resolution ESOPHAGEAL IMPEDANCE | <ul style="list-style-type: none"> Nothing to eat or drink 6 hours prior to your appointment Stop the following medications 48 hours before the test if you are taking them for your stomach: nitrates, calcium channel-blocking agents, Carafate, anticholinergic and promotility agents. |
| | pH/ Impedance Test on Medication q24 HOUR pH/IMPEDANCE <u>or</u> qBRAVO* 48 Hours pH test ON MEDICATION | <ul style="list-style-type: none"> Continue taking all acid suppressing medication <u>including the dose on the day of the test</u> Nothing to eat or drink 6 hours before your appointment. You will need to return at the end of 24/48 Hours to return the pH monitor |
| | pH/ Impedance Test off Medication q24 HOUR pH/IMPEDANCE <u>or</u> qBRAVO* 48 Hours pH test OFF MEDICATION | <ul style="list-style-type: none"> Stop PPIs (Prevacid, Prilosec etc.) 7 days before the test Stop Pepcid, Zantac and Axid 48 hours before the test. You can take antacids (Tums, Maalox etc.) up to the day before the test Nothing to eat or drink 6 hours before your appointment. You will need to return at the end of 24/48 Hours to return the pH monitor |
| | qC-UREA/H. PYLORI BREATH TEST For Diagnosis | <ul style="list-style-type: none"> 2 weeks before the test: Stop all PPIs (Prevacid, Prilosec etc.) Stop all Bismuth Compounds (Pepto-Bismol/Tritec) Stop all antibiotics Nothing to eat 1 hour before your appointment. |
| | q C-UREA/H. PYLORI BREATH TEST Post Treatment | <ul style="list-style-type: none"> 4 weeks before the test: Stop all PPI (Prevacid, Prilosec etc.) Stop all Bismuth Compounds (Pepto-Bismol/Tritec) Stop all antibiotics Nothing to eat 1 hour before your appointment. |
| | HYDROGEN BREATH TEST: For Intolerance/malabsorption qLactose qFructose For Bacterial Overgrowth qGlucose qLactulose | <ul style="list-style-type: none"> 1 week prior, do not take laxative, stool softeners, or undergo any test that requires cleansing of the bowel No antibiotics for 7 days before the test Stop probiotic 1 day prior the test Absolutely no bran or other high fiber foods for 24 hours before the test For dinner the day prior you are allowed to have plain white rice, baked or broiled chicken turkey or fish, eggs, chicken or beef broth. Butter, margarine, cola drinks are <u>not permitted</u> with the evening meal Nothing to eat or drink 12 hours before your appointment. No smoking or vigorous exercise 1 hour before the test This test will take 3 hours to complete. |
| | qHigh Resolution ANORECTAL MANOMETRY | <ul style="list-style-type: none"> Fleet enema 2 hours before you leave your home If extremely constipated give yourself an additional fleet enema the night before your appointment |
| | qBIOFEEDBACK/PELVIC MUSCLE RETRAINING | <ul style="list-style-type: none"> Give yourself a fleet enema the night before your appointment or 2 hours before you leave your home <u>only if</u> you feel stool is in your rectum |
| | qSmartPill Capsule | <ul style="list-style-type: none"> Request "Important Patient Information and Instructions" sheet |

***Will need upper endoscopy and EGD prep.**

Please arrive 15 minutes early and register at patient registration on the 5th floor before going to:

GI Motility Center, 9 North (in main Hospital building)

Telephone: 631 444 1759

Fax: 631 444 6055