

OUTPATIENT MEDICAL HISTORY

Reason for Today's Visit: _____

OBSTETRICAL HISTORY

Number of Pregnancies:
 Full Term: _____ Pre-term _____ Miscarriage/Abortion _____ Number of living children _____

Type of Deliveries and Dates: _____

Pregnancy or Delivery Complications: _____

MEDICAL HISTORY

Do you have or have you ever experienced any of the following? (If yes, please provide details):

<input type="checkbox"/> Heart Disease or High Blood Pressure _____	<input type="checkbox"/> Lung Disease or Asthma _____
<input type="checkbox"/> Intestinal Colitis or Gall Bladder Disease _____	<input type="checkbox"/> Emotional Problems _____
<input type="checkbox"/> Urinary Tract Infections or Stones _____	<input type="checkbox"/> Psychological Problems _____
<input type="checkbox"/> Musculoskeletal, osteoporosis or arthritis _____	<input type="checkbox"/> Endocrine, Diabetes or Thyroid _____
<input type="checkbox"/> Cancer _____	<input type="checkbox"/> Other _____

When did you have your cholesterol level determined last? _____

Allergies: _____
 _____ What reaction?: _____

Medications, Vitamins and Nutritional/Herbal Supplements Currently Taking: _____

SURGICAL HISTORY

Year	Hospital	Doctor	Operation	Problems
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

SOCIAL HISTORY

FAMILY HISTORY

	No	Yes	If yes, # years / stopped # years
Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	_____
Occupational Hazards:	<input type="checkbox"/>	<input type="checkbox"/>	_____
Current exercise activities:	_____		
Are you a victim of physical or mental abuse:	_____		

History of cancer, heart disease, hypertension, osteoporosis?
 Mother _____

 Father _____

 Siblings _____
 Children _____
 Other _____

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GYNECOLOGIC HISTORY

MENSTRUAL HISTORY Last Period: _____ Number of Days Bleeding: _____
Age Began: _____ Number of days between periods: _____
Any changes: _____ Problems: _____

CONTRACEPTION Current Method of Birth Control: _____
Have you ever used: Pills _____ Diaphragm _____ IUD _____

POST MENOPAUSAL HISTORY Are you having problems with the following:
 Depression Flashes or Flushes Insomnia
 Vaginal Discharge Vaginal Dryness Changes in Sexual Function or Discomfort

SEXUALLY TRANSMITTED DISEASE HISTORY Herpes _____ Condylomata (venereal warts) _____
 Chlamydia _____ Syphilis _____
 Possible exposure to HIV/AIDS _____

	Normal	Abnormal
Date of last Pap _____	<input type="checkbox"/>	<input type="checkbox"/>
Date of Last Mammogram _____	<input type="checkbox"/>	<input type="checkbox"/>
Date of last Bone Density Test _____	<input type="checkbox"/>	<input type="checkbox"/>
Date of last Colonoscopy/Sigmoidoscopy _____	<input type="checkbox"/>	<input type="checkbox"/>

REVIEW OF SYSTEMS (PLEASE CHECK "YES" OR "NO" IF YOU ARE CURRENTLY HAVING PROBLEMS WITH THE FOLLOWING:

	YES	NO	COMMENTS		YES	NO	COMMENTS
Constitutional				Genitourinary			
Fever, sweats or chills				Difficult/painful urination			
Anorexia or weight change				Blood in urine			
Eyes				Strong/frequent urge to urinate			
Dry eyes or irritation				Involuntary urine loss			
Double vision				Increased urination at night			
Ears/Nose/Mouth/Throat				Abnormal bleeding			
Earaches/hearing loss				Painful periods/PMS			
Nose/sinus problems				Painful intercourse			
Dry mouth/mouth ulcers				Infertility			
Cardiovascular				Neurological			
Chest pain or pressure				Headaches			
Swelling of ankles				Weakness or numbness			
Rapid/irregular heartbeat				Loss of consciousness			
Respiratory				Dizziness or faintness			
Difficulty breathing w/ exertion				Psychiatric			
Cough/sputum				History of depression			
Shortness of breath				Anxiety			
Breast				Frequent crying			
Pain				Sleep disturbance			
Nipple discharge				Endocrine			
Lumps				Hair Loss			
Gastrointestinal				Abnormal thirst			
Heartburn/indigestion				Hot flashes			
Nausea/vomiting				Skin			
Constipation				Rashes or lesions			
Diarrhea				Sores or moles			
Bloody stool							
Recent stomach pain							

I have reviewed the two page Patient History as indicated above: _____

Attending Signature

ID #

Date/Time